

Oakdale Joint Unified School District

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STUDENT ILLNESS AND RETURN TO SCHOOL GUIDELINES

Based on CDPH guidelines, if your student has one or more of the symptoms listed below they are automatically placed on a 10-day quarantine. [CDPH guidelines](#)

- Fever
- Loss of smell or taste
- Cough
- Muscle aches
- Sore throat
- Congestion or a runny nose
- Shortness of breath or difficulty breathing
- Chills
- Headache
- Gastrointestinal symptoms such as nausea, vomiting, diarrhea, or loss of appetite in the last few days
- Known Covid exposure or suspected Covid in your home

3 Options for your student to return before the 10 days:

- Negative Covid test (verifiable through MD or Lab documentation)

OR

- Doctor provides medical note clearing child to return

OR

- For students 12 years and older, PROOF OF VACCINATION- valid 2 weeks after 2nd shot.

Known Covid exposure in your home? Do not send your child to school. Contact the health office if a family member has been identified as Covid positive or there is a Covid exposure to someone in your home.